

English Class-6 Chapter- 4.

Go, Girl, Go!

Summary:-

Sport in India has been largely about men. But in 2018 Women changed the world of Indian Sport. At the Asian Games in Jakarta, Indonesia and the Commonwealth Games in Queensland, Australia, talented and hard-working Indian Sportsmen broke many records and won more medals than ever before.

First news is about HIMA DAS of India bags Gold and silver at Asian Games. India won the first ever gold medal at the IAAF world under - 20 Athletics championship in Finland. in 2017.

Second news about Indian Heptathletes win India its first gold. SWAPNA BARMAN clinched India's first ever won the Gold at the 2017 Asian Championship for Heptathlon.

Third news about VNESH PHOGAT becomes first Indian Women WRISTLER to win Gold. Introduced to wrestling by her under and former wrestler MAHAVIR PHOGAT.

Word meaning.

Quartet - a group of four

Peak - pick up speed

Incredible- unbelievable

Customized shoes- shoes specially made to fit her feet

Made History- did something great not done before.

A. Tick the most appropriate options.

1. The year 2018 saw

a. a change in Indian Sport.(Correct)

b.....

c.....

d.....

2. The sports Hima Das takes part in is

a. Athletics. (Correct)

b....

c....

d.....

3. An extra toe on each foot caused SWAPNA BARMAN great pain because she...

a.

b.....

c. did not have shoes that fit properly.(correct)

d...

4. Vinesh Phogat was not at her peak during the competition because she ..

a. was more than four kilograms overweight.(correct)

b...

c...

d....

B. Write the answers.

1. Why did Hima Das shift to 400 m events?

Ans. She would start slow and peak towards the end, which made her perfect for the 400 m events.' And so she shifted to 400 m.

2. Two of the three reports tell you the difficulties the Athletics had to face when they took part in their events. When were these difficulties?

Ans. According to the reports these difficulties were-

(I) Physically fit and the splendid sprinter.

(ii) Showing courage and determination.

(III) In a brilliant display of mental strength.